## "Group Cheers"

"Group Cheers" is a deinhibitizer that requires a little cooperation.

Divide the group according to a category. This can be something sort of generic like "birth season" or something more specific to the group (you might have a high school leadership group divide into officers: a group of class presidents, a group of class secretaries, etc.). Give the groups five minutes to come up with a group cheer about their category. Have each group present their cheers one at a time.

For some groups you may need to review how to be a good audience before the cheers are presented.